



## Lent 4: Litany for Sickness

LITANY FROM FRAN PRATT ([franpratt.com](http://franpratt.com))

*This litany is based upon references from the Lectionary readings for Lent 4, Year B.*

*The readings include the account of Moses raising up a bronze serpent in the desert for the healing of the Hebrews, then the comparison in John 3 of Christ being raised up; so that all who see him can receive healing.*

God we are sick in so many ways -  
**Some from trauma,**

Some from our own sinful ways,  
**Some from hardship,**

Not a one of us unaffected  
**By humanity's broken choices.**

As Moses lifted up the serpent in the wilderness (1)  
**So was Christ lifted up (2);**

That, by seeing him and becoming awake to his work  
**We might be healed (3).**

For in him there is no condemnation  
**But healing for the nations (4).**

By grace we have been rescued  
**It is the gift of God (5) --**

From sickness and death  
**To wholeness and life --**

You have raised us up with Christ  
**And seated us with him in the heavenly places (6).**

We thank you, God, for your steadfast love  
**For your wonderful works to humankind:**

You sent out your word to heal us  
**And delivered us from destruction (7).**

We were asleep through our sickness.  
**You are making us awake with Christ (8).**

**Amen**

*(1)Numbers 21:8 (2) John 3:14 (3)John 3:15 (4)John 3:16,17 (5)Ephesians 2:8  
(6)Ephesians 2:5,6 (7)Psalm 107:20,21 (8)Ephesians 2:1,5*