



## Week 5 Growth from a dead seed:

“Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life.”

Jesus is not talking about us hating our lives nor the people in our lives nor our jobs nor our possessions but rather our state of mind. This is why Jesus uses the dichotomy of “love” and “hate” with respect to one’s earthly life. He’s saying that we ought to put 100% of our priority, emphasis and effort in to serving and following Him. It is that we are to put this first before all other things in our lives.

That requires change. A change that will transform us. We like the seed die to self to become someone new. Someone who serves and follows Jesus in all parts of our lives. We must not fear a change like the change the grain of wheat goes through to grow and bear fruit. We are planted in this world to grow toward God. While we grow, we do sometimes live in the darkness that is the soil that surrounds us. We often become impatient in that growth wanting to break through into the light as the small young seedling breaks through the ground. It grows and matures. The once dead seed becomes a plant that bears fruit.

Let us contemplate how a seed must die to grow and produce fruit by making our own quick indoor gardens. Here we can experience how the seed must be in the darkness of the ground while it germinates and starts to grow. Then seeing how the first little bit peaks through the earth and sees the sun. We imagine ourselves dying and growing into our life in Jesus.

**Let us pray,  
Jesus, do not let us remain just a single grain.  
We want to grow into you, to serve you only,  
to go where you go, and always to do what you do.  
Allow us to produce fruit by the bushel full. Amen**

**See some quick and easy indoor garden information below**



**You can start an herb garden indoors and enjoy using the herbs to cook with. You could start tomato plants to be transferred to an outdoor garden. There is so much that you can grow indoors and not only enjoy the birth of a plant from a dead seed but also enjoy the bearing fruit part by eating what you have grow.**

To start your indoor garden use the plastic product containers you recycle from those take out plastic containers, or containers from rotisserie turkey breast. Any plastic container works. These containers are perfect because they have a clear dome lid.

Simply poke a few holes through the bottom and the top with a pencil for drainage and ventilation. *It's a mini greenhouse!*

Fill the container 3/4 full with an organic-rich, loamy-sandy plant mix.

Lightly scatter the seeds you have chosen. Cover lightly with soil. Water from the top with a spray bottle (on mist) filled with a diluted organic plant food and water mix.

If you are going to transplant your seedlings, water seedlings and allow the soil to absorb the moisture . Using a small spoon gently scoop out the seedling with some surrounding soil. Transplant seedlings into another container, cover with soil and water well.

**As your seedlings have grown and reached for the sun  
So too do we grow and reach for the SON!**